









# WELCOME TO THE VERO FITNESS SUMMER ADVENTURES CAMPI

Hours of Operation
Monday - Friday
8am - 5pm
\*Extended Care available



Camp Director

Dan Andonian

772-567-1400

dan@verofitness.fit

Assistant Camp Director

Don Foderaro

772-567-1400

don@verofitness.fit



# This is Dan's 11th year as the Vero Fitness Summer Adventures Camp Director!

#### Welcome campers!

For over 27 years Vero Fitness (formerly the Jungle Club) has prided itself on providing fun, youth-oriented camps for children between the ages of 6-12 throughout the Indian River County and Treasure Coast. At the Vero Fitness Summer Adventures Camp, every camper will enjoy an experience filled with fun, fitness and friendships! We believe the Vero Fitness Summer Adventures Camp distinguishes itself from other area camps in the quality of programming, the experience and enthusiasm of the counselors, and the wide variety of choices we offer. What other camp can boast that you receive professional swim and tennis instruction everyday?

What really makes the Vero Fitness Summer Advenutures Summer Camp great is YOU! Every summer we have the pleasure of hosting upwards of 175 campers who become part of the Vero Fitness family. We are proud to have made a positive impact of thousands of local youths and love to hear the stories of their favorite camp memories. Whether you have been coming to the Vero Fitness Summer Adventures Camp for years or if this is your first summer joining us, we welcome you. We are all looking forward to seeing you at camp in 2021!

-Daniel



## Saturday, April 17th 8am to 12pm In the Vero Fitness Lobby

will be the last day for early bird prices

- · Q & A Session with Camp Director, Dan Andonian & Assistant Director Don Foderaro.
  - · Tour the Vero Fitness facilities
- · Register for Camp & Receive the Early Registration Rates and Additional Discounts!

Raffles & Door Prizes

# WHAT MAKES THE VERO FITNESS SUMMER ADVENTURES CAMP DIFFERENT?

· 27 Years of Experience

- · 10 Themed Weeks of Activities
- · Professional Swim, & Tennis Instruction
  - · Age Appropriate Programs
- · Enthusiastic and Experienced Counselors & Junior Counselors
- · We incorporate the 3 F's in our programs, Fun, Fitness and Friendships!

## **QUOTES & TESTIMONIALS**

"I just wanted to let you know how much my daughter has enjoyed camp this week. She comes home happy every day and always has a cute story about some activity she was involved in or what is going to happen the next day. She has not had the same reaction to camps she has participated in elsewhere and I just wanted to be sure to let you know that what you are doing is being done well! Thank you so much. I know that she is safe and happy in your care and words cannot properly express how appreciative I am."

"Our children definitely stated they would like to return next year. I was very pleased with the planning of activities and attention of coaches/counselors. Thank you."

"Wanted to let you know my son had a great time at camp the past two weeks. His swimming has become stronger and for the first time he has become quite enthusiastic about tennis.

See you all next summer."

"Staff was prompt. That was really nice! I also liked it that there were various activities."

## FREQUENTLY ASKED QUESTIONS

#### Does my child need a physical?

No, an actual physical is NOT needed. However on our registration form we ask that you list all medications, allergies and medical conditions your child may have. We also ask that you include the physician/pediatrician contact information.

#### What should my child bring to camp?

Campers should wear comfortable clothes including:

- -T-Shirts
- -Shorts
- -Sneakers

We will be doing physical activities throughout the day.
Campers should come applied with Sunscreen on and bring
a bottle with them so they can reapply when needed.
For swim lessons campers will need:

- -A bathing suit
  - -Towel
  - -Goggles

For tennis lessons campers will need:

- -Tennis Racket
  - -Sneakers

#### (\*Your child will NOT be able to play without sneakers)

A water bottle should be always be available to stay hydrated through the day. Campers will need a bagged lunch (unless purchasing one with us) and snack money (\$2/day should be plenty). Please leave electronics at home including cell phones, I-pods and tablets. We are not liable for lost or stolen items at camp.

# Do I need to sign my child in and out of camp?

Yes. Children need to be signed in each day as attendance will be taken at the start of camp. Children also need to be signed out of camp when they are picked up so we can account for who is at camp and who is not. Our registration form provides space for additional adults who have authorization to pick up your child. If this needs to be changed at any time, a written note signed by the parent must be sent in indicating the change. We encourage all parents to call Vero Fitness or email the Camp Director if your child is going to be absent from camp.

#### What about medications?

Prescription and over the counter medications will not be administered at camp. A parent should administer these medications either before camp or stop by during lunch.

#### My child will be 6 years old in September; Can they attend camp this year?

Yes. Your child must be turning six by December 21, 2020 and attending first grade in the Fall to attend Summer Camp unless there is permission from the Camp Director.

## How do I get the Vero Fitness Camp Discount?

Very easy, register and pay 50% of your camp fees by May 7th. You can either pay in full at time of registration, or pay a 50% deposit at time of registration to reserve your space. The remaining balance after deposit is due by May 28th. If you are a member of Vero Fitness you are exempt from paying the one-time registration fee.

Note: If remaining balance is not paid in full by May, 28th, your space is still reserved until the first day of camp (June 1st), although you no longer qualify for the Early Registration Fees. After the first day of camp (June 1st), your space will no longer be reserved.

Starting May 8th, the camp fees will increase, so do not hesitate to register early for camp!

## Should my child be able to swim to attend camp?

Yes. Even though your child will get over 2 hours of weekly swim lessons. We advise that your child has at least "beginner" level swimming abilities to attend camp since we will be in our recreational pool frequently over the summer. We recommend you sign up for swimming lessons prior to the start of camp so your child will be able to enjoy their camp experience. You can contact the Front Desk for more information on swimming lessons at 772-567-1400.

#### If it rains what happens to camp!

We are in Florida during the summertime and yes it will most likely rain at some point during most days. We will hold activities inside. We have several options for indoor play and activities.



Open House 4/17/21 8am-12pm!

## REFUNDS/CANCELLATIONS



Granted under the following conditions with approval of the Vero Fitness General Manager.

## 75% Refund

- 1. A documented medical condition that prevents the child from participating in the camp week and Vero Fitness is notified at least one day prior to the start of the program.
- 2. A cancellation notice is given 30 or more days in advance to the start of their camp week.

#### 50% Refund

A cancellation notice is given 14 days in advance to the start of their camp week.

## **NO REFUND**

No refund will be granted if we receive no notification that your child(ren) will be absent from camp. If you are registered for multiple weeks of camp, you cannot accumulate absent days to use as a credit at a later time during the camp season for any unregistered days or weeks of camp without permission from the Camp Director.

Vero Fitness Summer Adventures Camp is a co-ed weeklong program for children ages 6-12. Campers can play sports or participate in activities both fun and educational. All full day camps have a camper/counselor ratio of 1:8 for 6-8 year olds and 1:10 for 9-14 year olds. Weeklong camps are held from 8am to 5pm, Monday-Friday. We offer extended care before and after camp for an additional fee. Depending on the themed week and/or weather, campers can be found in the Camp Areas: racquetball courts, the sports arena, volleyball courts, swimming pools for lessons and recreational swims, tennis courts for daily lessons. group fitness studios or Kids Fit area inside the Vero Fitness facility.

## SAMPLE DAILY SCHEDULE

8am- Campers Arrive

8am- Welcome/Attendance/Free Play Activities

9am- Large Group Activity

sson (by age groups): Art Project (by age groups)

10a,m-Swim Lesson (by age groups); Art Project (by age groups); Themed Activity 11:30am-Open Recreation

Noon-Lunch

12:45pm Prepare for Afternoon Activities

1pm- Recreational Swim

2:30pm- Camp Activity (by age groups)

3pm-Tennis Lessons (by age groups); Free Play Activities; Snack (by age group) 4pm- Arena Games/Indoor Free Play

5pm-Parent Pickup

## **DISCIPLINE**

## **Attention:**

Vero Fitness has the right to dismiss any camper for any disciplinary action.

## **2021 SUMMER CAMP EXTENDED CAMP CARE**

Early Drop Off: 7-8am

Late Pick Up: 5-6pm

Fee: \$5.00 per child per session

\*MUST BE PAID IN ADVANCE\*

Name of children:

Indicate option selections belo	OW:	
	Early Drop Off	Late Pick Up
Monday		
Date:		
Tuesday		
Date:		
Wednesday		į.
Date:		
Thursday		
Date:		
Friday		
Date:		
Total Due:		
Payment must be paid in advance. Cas Checks m	h, check or credit card (Visa, Maste nust be made out to Vero Fitness.	rcard, Discover) accepted.
Credit Card number:		
Expiration Date:	· <b>-</b>	
	Date:	

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Saturday	Sunday	/ Monday		gust			Saturda	
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10	8	9	10	11	12	13	14	_
17	15	16	17	18	19	20	21	
24	22	23	24	25	26	27	28	
31	29	30	31					
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## 2021 Summer Camp Registr

Member Non-Me	mber How o	lid you hear about our	program?
Child's Name (first/last):		D.O.B:	
2nd Child:	D.O.B:	3rd Child:	D.O.B:
Address:			
City/State/Zip Code:			
Parent/Guardian:			
Address:			
City/State/Zip Code:			
Home Phone:			
E-mail:			
Medications:			
Allergies:			
Medical Conditions:			
Physician/Pediatrician:			
Emergency Contact:		Phone:	

#### Attendance: Please indicate all dates your child(

## **June 2021**

		<b>-</b>		<b>-</b>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## **July 2021**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
5	6	7	8	9	10
12	13	14	15	16	17
19	20	21	22	23	24
26	27	28	29	30	31
	12	5 6 12 13 19 20	5 6 7 12 13 14 19 20 21	1 5 6 7 8 12 13 14 15 19 20 21 22	1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
9	10	11	12	13	14
16	17	18	19	20	21
23	24	25	26	27	28
30	31				
	9 16 23	2 3 9 10 16 17 23 24	2 3 4 9 10 11 16 17 18 23 24 25	2 3 4 5 9 10 11 12 16 17 18 19 23 24 25 26	2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27

I accept full responsibility for my child's use of any and all apparatus, appliances, faci operated by this Club at my child's risk and shall hold this Club, its shareholders, dire agents harmless from any and all loss, claim, injury, damage sustained or

Parent/Guardian:	
Signature:	Date:

## **2021 CAMP THEMED WEEKS**

# Week 1 - June 1st-4th "Opening Sports Week"

Anything and everything! Our most popular sport camp of all-time is back for another round of fun. You will participate in classic games like basketball, soccer, kickball, and football but wait...we will also play games like Frisbee golf, Capture the Flag, Baseball and obstacle courses. Throw in daily themes like crazy hair and wacky socks and you have all the elements of a great fun-filled camp experience.

#### Week 2 - June 7th-11th "Games Galore"

Who says it can't be all fun and games? Red Light, Green Light, Red Rover, Fishy Fishy Cross My Ocean, and a wide variety of the classic Tag is what's in store for your camper this week. We'll pull out the balls, hoops, scooters, parachutes, and more during this action packed, all games week of fun!

#### Week 3 - June 14th-18th "Spirit Week"

Who doesn't love spirit week? This week is all about camp spirit! We will have Vero Fitness Color Day where campers wear blue or yellow!. On Tuesday campers will tie-dye t-shirts. We will get wacky on Wednesday and wear clothes backwards, inside out, and mismatched! Thursday we will pretend like we are at the beach and wear sunglasses, floral shirts, and flip flops. We will end the week dressing in merchandise from our favorite band, singer, movie, or sports team!

#### Week 4 - June 21st-25th "College Days"

Camp gets divided into 4 teams this week for the 9th Annual College Days! All campers will represent one of our Camp Counselor's colleges in a variety of sports and fun competitions to determine the champion. Competitions and challenges will occur on the fields, courts, pool and the Arena. The Citadel was our 2020 Champion. Who will win this year?

## Week 5 - June 28th-July 2nd "Fun & Fitness Week"

Get ready to participate in our sports buffet where campers get to try out different sports! Campers will exercise their fine motor skills while enjoying a variety of sports and games designed to build concentration, strength, speed, and skill. Join us for a week of fitness fun which includes yoga, obstacle courses, Kids GRIT, Spin classes, Zumba, and dancing. Learn, play and improve sports skills while having fun!

#### Week 6 - July 5th-9th "Splash & Dash Week"

Back again, this very popular camp is making serious waves. Come and make some of your own waves in our Recreation Pool as you play games like water polo, relay races, cannonball & belly flop contests, and much more! This camp is NOT for non-swimmers as you will be in the pool for a large portion of the day. If you have questions about your swimming ability, please contact our Swim Instructor, Kristina Foderaro..

#### VVeek 7 - July 12th-16th "Gym N' Swim"

The new Gym 'N Świm has your day split with gym activities in the morning and pool activities in the afternoon. Some activities in the gym (Arena) will be handball, basketball, capture the flag, and much more. The pool activities will be water polo, sharks & minnows, water volleyball, and much more. Come join a week of fun in the Gym 'N Swim camp.

## Week 8 - July 19th-23rd "Camper vs. Counselor Challenge"

Vero Fitness campers and counselors will face off in a variety of missions, activities and games throughout the week. This week will include Minute to Win It challenges, soccer games, water balloon toss, and tug-a-war! Campers and Counselors will face off in the most exciting challenges ever!

### Week 9 - July 26th-30th "Vero Fitness Olympics"

What does Japan & Vero Fitness have in common with the Olympics? Four years of hosting the Olympic Games! Celebrate the Olympics with our own version of the Summer 2021 games and compete for camp pride! You and your team will choose what country you want to represent, create team flags, invent your own Olympic event, and participate in traditional and non-traditional Olympic contests.

## Week 10 - August 2nd-6th "Cruise Ship Week"

One of our most popular summer themes is back to end Summer Camp 2021! Join us for a week of adventures that you would typically find on a cruise ship! Come aboard as we set sail on a variety of ports each day. Play Bingo or try your luck in the casino! Join our pool parties by the lido deck or learn how to make towel animals. We end the week and our summer with the biggest luau ever!

#### 2021 VERO FITNESS SUMMER ADVENTURES WEEKLY CAMP FEES

Week/Dates CampTheme	Camp Cost Early Registration	Additional Children	Camp Cost Registered after 5/7/21	Additional Children	One-Time Non- Member Registration Fee
Week 1: June 1st-4th	\$109	\$90	\$130	\$110	\$35
Week 2: June 7th-11th	\$136	\$115	\$160	\$140	\$35
Week 3: June 14th-18th	\$136	\$115	\$160	\$140	\$35
Week 4: June 21st-25th	\$136	\$115	\$160	\$140	\$35
Week 5: June 28th-July 2nd	\$136	\$115	\$160	\$140	\$35
Week 6: July 5th-9th	\$136	\$115	\$160	\$140	\$35
Week 7: July 12th-16th	\$136	\$115	\$160	\$140	\$35
Week 8: July 19th-23rd	\$136	\$115	\$160	\$140	\$35
Week 9: July 26th-30th	\$136	\$115	\$160	\$140	\$35
Week 10: August 2nd-6th	\$136	\$115	\$160	\$140	\$35



Early-Bird Registration (Register by May 7th, 2020)

Early Bird Registration receive a 15% discount if paid in full before May 7th, 2021. Each family must pay a one-time registration fee of \$35. Vero Fitness members are exempt from paying the registration fees for their children.

#### **Payment Options**

#### **PAY IN FULL**

Pay in full at time of registration and not worry about any fees throughout the summer. We accept checks, cash or credit card at the Vero Fitness Front Desk.

#### **DEPOSIT**

A 50% non-refundable deposit per week prior to May 7th to hold your space. Balance due May 28th.

## **Daily Rate**

\$45 Members & Non-Members \$35 Additional Children OPEN HOUSE
Saturday,
4/17!

Camper Reservation - Very Important!

A camper only receives a reserved space in camp after payment is recevied. To guarantee acceptance into camp, parents must make registration and payment before entering your camper child into camp. Daily drop-off are contingent upon space availability and may not be acceptable into camp if space is not available.

## 2021 Summer Camp Lunch Menu

Camper's Name:	Amount Enclosed:

Daily Menu
Individual Hot Dog \$1

Monday: Hot Dogs (1) **\$5**Tuesday: Tacos (2) Soft or Hard **\$5**Individual Tacos **\$1** 

Wednesday: Chickfila Chicken Sandwich (1) **\$7** Individual Chicken Sandwich **\$4** 

Thursday: Hamburgers/Cheeseburgers (1) **\$5** Individual Burger **\$1** Friday: Pizza (2 slices) **\$5** Individual Pizza Slice **\$1** 

\*Lunch meals include drink, fruit snack & chips.

## Cash or Checks only: Payable to Camp Director, Dan Andonian

All lunch payments must be made directly to Director Dan.

The Front Desk will not accept payments.

Please mark (M) for meal or (I) for Individual order in the box for the days your child will be getting lunch.

Camp Week	Monday (Hot Dogs)	Tuesday (Tacos)	Wednesday (Chicken Sandwich)	Thursday (Burgers)	Friday (Pizza)
Week 1: June 1st-4th					
Week 2: June 7th-11th					
Week 3: June 14th-18th					
Week 4: June 21st-25th					
Week 5: June 28th-July 2nd					
Week 6: July 5th-9th					
Week 7: July 12th-16th					
Week 8: July 19th-23rd					
Week 9: July 26th-30th					
Week 10: August 2nd-6th					



TO PARENTS OR GUARDIANS OF MINOR ~ WAIVER OF LIABILITY AND DISCLAIMER: In consideration of my son's/daughter's membership and participation in the activities and special programs or events at Vero Fitness as parent or guardian of named minor, my heirs, executors, administrators and assigns, waive, release and discharge any and all rights and claims of damages against Vero Fitness and or its sponsors for all claims arising or resulting from traveling, participation and/or being involved in the program or activities. I attest and verify that I have full knowledge of the risks involved in said participation and that I will on behalf of the said member assume and pay any medical or emergency expenses in the event of accident, illness or other incapacity regardless of whether I have authorized such expenses. I attest that my son/daughter is physically fit and sufficiently able to participate in the programs or activities at Vero Fitness in conjunction with other youth members.

ACKNOWLEDGMENT AND CONSENT: For internal and external use, I acknowledge that Vero Fitness and or its sponsors may utilize photographs of the member, which may be taken during involvement in Vero Fitness programs or activities. I consent to such uses & hereby waive all rights to compensation.

EMERGENCY AUTHORIZATION: I, the undersigned (or as parent or guardian of the participant, a minor), hereby authorize the staff of Vero Fitness or its sponsors and/or volunteers, coaches, trainers, activity supervisors, instructors and vehicle driver as my agents, to consent to medical, surgical or dental examination and/or treatment. In case of emergency, I hereby authorize treatment and/or care at any hospital or by licensed medical personnel. Vero Fitness staff will NOT medicate children. Parents/guardians are ENTIRELY responsible for medications and for personally arranging for or ensuring the proper and timely medication of their children.

#### Vero Fitness Photograph/Video Release

I give permission for my child listed above to be photographed or videotaped while at Vero Fitness. I understand that the staff will use discretion and judgment in allowing any photographs or video to be taken and that images of my child may appear in or on Vero Fitness's brochures, advertisements, the club website or Club's social media pages. I consent to such uses and hereby waive all rights to compensation.

NOTE: Your signature acknowledges that you have read and accept the policies of the Vero Fitness as described above. Please call the Club at 772-567-1400 if you have any questions.

#### THIS REGISTRATION WILL NOT BE ACCEPTED UNLESS SIGNED BY PARENT.

Date Signed I agree to abide by the rules	Signature of Parent or Guardian and regulations of Vero Fitness	Printed Name of Parent or Guardian
Date Signed	Signature of Child (optional)	Printed Name of Child